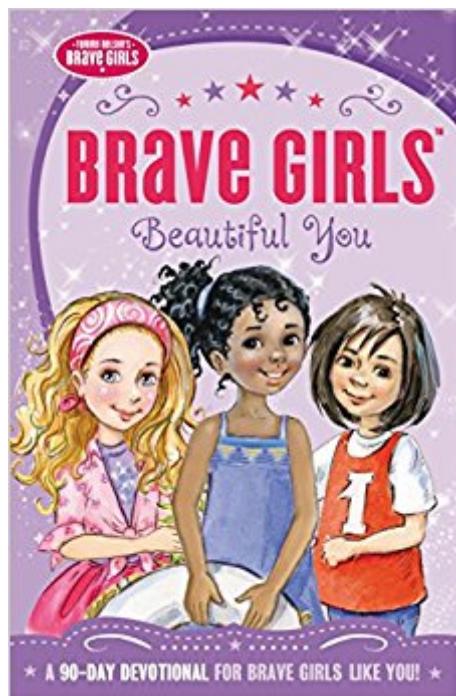


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# Brave Girls: Beautiful You: A 90-Day Devotional



## **Synopsis**

Sometimes itâ™s tough being a girl! Whether you are outgoing or shy, a tomboy or a girly girl, silly or serious, it can be really hard to feel comfortable with yourself. This devotional is filled with stories and thoughts about how God created us to be healthy, strong, and confidentâ both with our bodies and our mindsâ because we are daughters of the great heavenly Father. The goal of Brave Girls® is to encourage you to appreciate yourself as God made you and to help you grow strong in your relationship with Him. Beautiful You will help you really see yourself as brave and beautiful inside and out . . . just like God made you!

## **Book Information**

Series: Brave Girls

Paperback: 144 pages

Publisher: Thomas Nelson (March 15, 2016)

Language: English

ISBN-10: 0718076117

ISBN-13: 978-0718076115

Product Dimensions: 5.5 x 0.4 x 8.4 inches

Shipping Weight: 4.8 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 19 customer reviews

Best Sellers Rank: #161,660 in Books (See Top 100 in Books) #130 in Books > Children's Books > Religions > Christianity > Prayer #164 in Books > Children's Books > Religions > Christianity > Devotional #1166 in Books > Christian Books & Bibles > Children's & Teens

Age Range: 6 - 10 years

Grade Level: 1 - 5

## **Customer Reviews**

Jennifer Gerelds, mother of four school-aged brave girls, has been writing devotional books for children and adults for almost 20 years. In addition to the Brave Girls series, she has written for Magnify, God's Little Princess and God's Mighty Warrior brands, Precious Moments, and numerous other children's devotionals. Her adult devotional works include Shine On Beautiful Soul and When God Thinks of You, He Smiles. Jennifer and her husband, Todd, have been married over 20 years and currently live in Birmingham, Alabama.

Brave Girls: Beautiful You is a 90-Day Devotional written for elementary-aged girls. Each day, girls

read a one-page devotional designed to help them see that beauty starts on the inside, and that God created them to love Him, themselves, and one another. How It's Set Up Each week is themed around a different aspect of beauty- fashion, creativity, fitness, serving others. One Brave Girl (Gracie, Hope, or Glory) introduces the theme at the beginning of the week along with 15 devotions following the theme. Each Brave Girl has their own personality and own style- a super girly girl, an athletic type, and a girl who loves to create. Content I appreciate how a decent portion of the content is centered around Scripture. The text encourages girls to love God and love others. However, I was uncomfortable with some of the devotions particularly when the message could make the girls feel a bit shamed. One example: Day 63 introduced the idea that our bodies are a temple for God's Holy Spirit, and so we need to take care of them. It then goes on to a quiz which gives girls after-school scenarios and asks them to choose the answer that best describes their normal behavior patterns. Depending on their score, the girls are told that their fitness level is either flat and they need to get up, go out and start exercising. Or their fitness is fair and they need to push themselves more. OR, they are applauded for their great fitness and their temple should be fit for whatever adventures God has in store. Eek! I don't think I'm reading for my 1st/2nd grader to associate her fitness level with her ability to be on adventure with God. For many young girls, these issues may not even be on their radar yet (for a healthy reason). Fun Factor Aly and I like how many of the devotions include ways that the girls can interact, whether that be through taking a quiz, brainstorming a list of ideas, answering a question, or drawing a picture. Overall Impression Unless your daughter is into fashion and exercise and makeup, skip this one. I'll find a better one for you :).

I am constantly trying to find ways to encourage my daughter to grow in her faith and let her relationship with God help her navigate the ups and downs of these transitional tween years. So when I saw that there was a new devotional book out for tweens that helped them grow in knowledge and confidence as the beautiful girl she is in Christ, I snatched it up quickly. This devotional book, *Brave Girls: Beautiful You*, is a 90-Day devotional book published by Tommy Nelson for girls ages 9-11. In the book, topics on external and internal beauty are discussed. There are some beauty and hygiene tips given throughout, but most of the book is focused on Scripture passages that help girls discover what the Bible has to say about the way God made them, and how to reflect more of His character and beauty. There are a few different girls with different personalities (the girly-girl, the tomboy, etc.) that share their stories as intros to each section of the book. The devotions are split by days, so a girl could start the book at any time of the year. There is a Scripture

passage, an interactive journaling question, a short reading about the passage, a prayer to conclude with, and sometimes even a practical application to do after reading that day's devotion. I love how interactive it is for girls, as it helps girls really understand and wrestle with the concepts of true beauty, and Lord willing, fully accept God's truth into their hearts. Plus, I believe the cost of this book is such a deal with all that is packed into it.

**Disclosure of Material Connection:** I received this book free from the publisher through the BookLook Bloggers book review bloggers program. I was not required to write a positive review. The opinions I have expressed are my own. I am disclosing this in accordance with the Federal Trade Commission's 16 CFR, Part 255 : "Guides Concerning the Use of Endorsements and Testimonials in Advertising."

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